

STAFF REPORT

TO: Committee of the Whole MEETING: September 4, 2018

FROM: Courtney Simpson FILE: 4920 20 CHS SD69

Senior Planner

SUBJECT: OHWN Coordinator Funding – Contract Renewal Request from Island Health

RECOMMENDATION

That the Regional District of Nanaimo enter into a three year contract with Island Health, from November 1, 2018 to October 31, 2021, to administer funds for subcontracting a Coordinator for the Oceanside Health and Wellness Network.

SUMMARY

The current three year contract with Island Health to administer funds and subcontract with a coordinator for the Oceanside Health and Wellness Network (OHWN) ends on September 30, 2018. Island Health would like to renew this contract for another three years for the same purpose and value of \$90,000.00. Due to the time taken to hire a Coordinator originally in 2015 and into 2016, funds remain through to March 31, 2019 for the Coordinator, and a subcontract is currently in place to that date.

BACKGROUND

OHWN is a group committed to working together to enhance the health and well-being of Oceanside residents through collaborative planning and collective action. OHWN works to address the social determinants of health as a "backbone" organization, meaning that OHWN does not deliver any community services itself, but connects existing organizations to achieve greater benefits by working collectively towards the same goals. Island Health supports community health networks across their region as a way of improving the social determinants of health. Further information can be found on the OHWN website at www.rdn.bc.ca/ohwn.

OHWN's 2017-2019 Strategic Plan focuses on three priorities: child wellness, mental health and network development. In November 2017 and March 2018, OHWN hosted two community forums on child wellness and mental health, funded by an Island Health Community Wellness Grant. Following these forums OHWN has explored a food security initiative related to feeding children, and co-hosted a forum on mental health to hear from youth and young adults about their perspectives, needs and ideas on how the Oceanside community can better support them. OHWN is providing the support needed for different organizations and people working towards the same goals to collaborate and realize greater impact by working together. As OHWN is nearing the end of the term of its first strategic plan, the focus is now on evaluating progress

¹ Health is influenced by many factors including income, education, gender, culture, access to health care and social connections that are together referred to as social determinants of health.

over the past two years towards its goals, in preparation for developing a new strategic plan in the coming months.

OHWN's structure includes a Circle of Partners as the core group of 15 from government, organizations and community; a wider Network which now includes more than 100 members; and an Action Group for each of the three strategic priorities. RDN elected officials in District 69 are invited to all Network meetings, a senior planner from Long Range Planning sits on the Circle of Partners, and a recreation programmer sits on the Network Development Action Group. The Circle of Partners and Action Groups meet monthly and the Network meets one or two times per year.

The Circle of Partners provides strategic direction to the Network and Action Groups, oversees the goals, objectives and strategies identified for the Network, and monitors metrics related to key determinants of health in Oceanside. The composition of and election to the Circle of Partners has recently been formalized. The Circle of Partners has 15 members of which the Circle of Partners elects 12 for a two-year term, and appoints two from Island Health, and one from the RDN.

Island Health plans to support the establishment of a community health network in each of its local health areas and is currently working towards one in Local Health Area 68 – Nanaimo. Local Health Area 68 is aligned with the School District 68 boundaries and includes Electoral Areas A, B, and C the City of Nanaimo and District of Lantzville. Island Health would like the RDN to manage the contract for a coordinator for that health network, when it is established.

ALTERNATIVES

- 1. That the Regional District of Nanaimo enter into a second three year contract with Island Health, from November 1, 2018 to October 31, 2021, to administer funds for subcontracting with a coordinator for the Oceanside Health and Wellness Network.
- 2. That the Regional District of Nanaimo not continue to administer funds for subcontracting with a coordinator for the Oceanside Health and Wellness Network.

FINANCIAL IMPLICATIONS

There will be no direct cost to the RDN as the Coordinator sub-contract cost of \$30,000.00 per year is fully covered by the funds from Island Health. The Coordinator provides their own office space and equipment.

Administering the funding from Island Health involves staff support from the Finance and Long Range Planning departments. The time spent varies, but typically involves processing monthly invoices from the Coordinator, managing the budget, reviewing quarterly reports from the Coordinator to Island Health, and managing website updates as the RDN hosts webpages for OHWN. From time to time additional staff time is required for such things as hiring a new coordinator should the position become vacant, and reviewing and submitting OHWN-prepared grant applications.

As well, the RDN disburses a \$15,000.00 seed funding account pursuant to a 2015 Memorandum of Understanding between Island Health and the RDN, of which approximately \$4,000.00 remains. This account typically covers expenses such as advertising for the coordinator position if vacant, meeting supplies, and monthly phone bill. Average annual

expenditures from the seed funding in the first three years was approximately \$760.00 with the majority for advertising for the Coordinator position. In 2018, the OHWN Circle of Partners allocated \$7,257.40 to wages for administrative support provided by staff from a partner organization (\$5,000); and further support for the 2018 Forum beyond that covered by the Community Wellness Grant (\$2,257.40). The \$4,000.00 remaining in the account is sufficient to cover normal expenses over the term of the renewed contract to October 31, 2021, but will not cover a continuation of the wages for administrative support, or additional wages for special projects. Beyond 2021, additional funds may be required for expenses.

STRATEGIC PLAN IMPLICATIONS

The Board's Strategic Plan recognizes "focus on relationships", and supporting OHWN advances the goals to "look for opportunities to partner with other branches of government / community groups to advance our region" and to "facilitate / advocate for issues outside of our jurisdiction".

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July 31, 2018

Reviewed by:

- P. Thompson, Manager, Long Range Planning
- K. Felker, Purchasing Manager
- G. Garbutt, General Manager, Strategic and Community Development
- P. Carlyle, Chief Administrative Officer

Attachments

1. Service Contract Renewal between Island Health and RDN 2018-2021